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Days and Nights on the Internet

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and Steve Jones

Abstract

For a growing cohort of Americans Internet tools have become a significant conduit of their social life and work life. The surveys of the Pew Internet and American Life Project track the diffusion of Internet technologies, revealing significant differences in use between men and women, young and old, those of different races and ethnic groups, and those of different socio-economic status. A user typology can be built around two variables: the length of time a person has used the Internet and the frequency with which she or he logs on from home. We contend that use of email helps people build their social networks by extending and maintaining friend and family relationships.

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Introduction

The Internet is widely diffusing into American society. Some people do not use it and never will, some people cannot afford it, and some people do not use it well. But for a rapidly growing number of people the Internet is a useful communication and information-gathering tool and for others it is a vital part of their lives. The rate of Internet diffusion since the creation of the worldwide web surpasses that of other communication technologies, and since the social impact of newspapers, radio, and television has been significant, we set out to understand the role of the Internet in the daily life of users.

As of October 2001 the phone surveys by the Pew Internet and American Life Project show that 106 million American – some 56 percent of American adults – have Internet access and 56 percent of those who have access go online during a typical day. Additionally, 76 percent of youth aged 12–17 have access. The overall population is evenly split between men and women. Proportionally more whites have Internet access than African-Americans or Hispanics. This online population is still somewhat weighted towards the young, towards those with college or graduate degrees, those in relatively well-off households (those who live in households with incomes over \$75,000). However, there has been a sharp increase in access to the Internet among those with less than college educations, those from households with middle- and working-class incomes, and, especially, among African-Americans and Hispanics.¹ The overall online population is looking more and more like the population of the country. Our surveys suggest that the next wave of those getting access to the Internet will contain proportionally more minorities, more of those with lower incomes, and more of those with lesser educations. The remaining demographic gaps in access will be defined by income differences and age differences – the poor, especially in rural areas, will continue to lag behind others in getting access, as will the elderly.

When web activities are analyzed from the perspective of the many things users might have done online (we ask survey respondents to tell us the things they have *ever done* online), three major patterns emerge. First, gender gaps become evident in some places. Women are more likely than men to seek health information, get religious information, research new jobs, and play games online. Men are more likely to use the web to get news, shop, seek financial information and do online stock trading, participate in online auctions, access government web sites, and search for sports news.

At the same time, there is a striking amount of online behavior that is similar between men and women. For some Internet activities, the usage story is a generational one, and that is the second major pattern in our exploration of how Americans use the Internet. Younger Internet users of both sexes are more likely than older Americans to have used the Internet for “fun” communications via instant messages or chat rooms, to have gone to the web to browse for fun, to have done

1. We are comparing the Pew Internet Project findings in 2000 with those of the Pew Research Center for The People and The Press in 1996 (see <http://www.people-press.org/tec96sum.htm>) and 1998 (see <http://www.people-press.org/tec98sum.htm>).

school- or work-related research, to have accessed popular culture by downloading music or getting information about movies, books and other leisure activities, and to have performed convenience activities online such as banking and arranging travel.

Finally, our surveys show that variations in online behavior are also rooted in users' differing levels of experience with the Internet. Veteran users, those who have at least three years experience online, are more likely than newcomers to have done most Internet activities. The Internet has become an important job-related tool for those with several years' experience. They are much more likely to have done job-related research and use email in job-connected communications than newcomers. In addition, veterans are more likely than newcomers to have performed transactions or managed their money online. These users are disproportionately from higher socioeconomic groups, so education level and household income also show up as important indicators of the things users have done on the Internet.

In short, online life is not monochromatic. Tens of millions of Americans are online every day and they are doing a variety of things. The Internet has become a part of everyday life, rather than a separate place to be.

The Internet's Place in American Life

Ray Oldenburg has described how people use “third places” such as coffee shops, community centers, beauty parlors, general stores, bars, and other hangouts to help them get through the day (Oldenburg, 1991). These places were distinct from home and distinct from work, but were integral parts of social life. As scholars began to look at typical uses of the Internet, many adopted an analytical frame that the Internet was like one of these third places – a growing sphere of social interaction where people played games and socialized. They studied how individuals and small groups behaved within MUDs, MOOs and other specific environments (Sudweeks, 1998).

Internet tools have diffused with such speed and depth that many important forms of social organization – news agencies, business enterprises, charities, and the government – take care to manage their identity on the Internet, and some have been fundamentally altered by the organizational opportunities and stresses provided by such technologies. The Internet is no longer just a third place where people go to escape and play with games and identities. Today, many of the

common forms of daily social interaction can be conducted online, from checking the news and sports scores to researching and booking travel reservations. However, there is little consensus about whether the ability of users to conduct personal and professional life through Internet technologies is ultimately good or bad for society at large, local communities, or individual well-being (Wellman and Gulia, 1999).

Those who argue that Internet tools have an ill effect make the case that Internet tools promote the growth of pseudo rather than real communities (Beniger, 1987), breed a new kind of radical individualism (Borsook, 2000), replicate traditional elites, ideologies and American cultural hegemony (Carmel, 1997), facilitate the violation of privacy (Bennett and Grant, 2000), abet sound-bite culture (Willock, 1998), and clutter modern life with useless data and cumbersome technologies (Rochlin, 1998; Shenk, 1997). Others have argued that the Internet shears social networks and lets individuals disconnect from their families and friends, becoming loners, if not Internet addicts (Nie and Erbring, 2000).

In the other camp are those who contend that Internet tools are good for society. One argument is that the Internet allows ideas to circulate to a wide audience and thus helps entrepreneurs with good ideas find capital and bring expertise to bear on marketable products and services (Cairncross, 1997). Others make the case that Internet technologies may help flatten hierarchies (Sproull and Kiesler, 1992), dilute power from traditional elites who monopolize information (Moore, 1987), permit new and interesting forms of community (Etzioni, 1997), make citizen activism easier and more effective (Schwartz, 1996), and encourage a generally self-reflective society (Dizard, 1997; Fishkin, 1992).

Even though Internet use has spread quickly and widely, it is still too early to make conclusions about the long-term social role of the Internet. Most of the ideas about how the Internet may be good or bad for society are, at best, hypotheses, and it may be the case that many or all of them are true. It is certain, though, that the Internet is not a separate and distinct social sphere that can be studied in isolation. Thus, our research is focused on answering more basic sets of questions. First, who goes online on an average day and what do they do? Second, what are the most sensible ways of generalizing about what happens online? Finally, what are the social implications of adding the Internet to a person's repertoire of communication tools?

Method

The research reported here is built on an innovative tracking survey of Internet activities in America. Running almost continuously between March 1 and August 20, 2000, the survey has been completed by over twelve thousand American adults (18 years old and older).² From a total sample of 12,638 respondents, the median age was 42 years. The population was 79 percent white, 12 percent African-American, and 46 percent male. In terms of education, 42 percent had high school or less, 29 percent had some post-secondary, 18 percent had a bachelor's degree, and 10 percent had a graduate degree. The raw data file is available at www.pewinternet.org. The 6,413 respondents who said

2 The survey was conducted using a rolling daily sample, with a target of completing 75-80 interviews each day of a survey period. For results based on the total sample, one can say with 95 percent confidence that the error attributable to sampling and other random effects is plus or minus 2.5 percentage points. A basic set of questions about Internet use and respondent demographics were asked of all respondents, and additional more detailed sets of questions were given to different respondents over the six-month survey period. For those additional results, the sampling error is plus or minus 3 percentage points. In addition to sampling error, question wording, and practical difficulties in conducting telephone surveys may introduce some error or bias into the findings of opinion polls.

The sample for this survey is a random digit sample of telephone numbers selected from telephone exchanges in the continental United States. During a survey period, a new sample was released daily and was kept in the field for at least five days. This insures that the complete call procedures are followed for the entire sample. Additionally, the sample was released in replicates to insure that the telephone numbers called are distributed appropriately across regions of the country. At least ten attempts were made to complete an interview at every household in the sample. The calls were staggered over times of day and days of the week to maximize the chances of making contact with a potential respondent. Interview refusals were re-contacted at least once in order to try again to complete an interview. All interviews completed on any given day were considered to be the final sample for that day. When enough respondents had completed the survey to provide statistically significant results, we were able to adapt the questionnaire to address current events and new research interests.

Non-response in telephone interviews produces some known biases in survey-derived estimates because participation tends to vary for different subgroups of the population, and these subgroups are likely to vary also on questions of substantive interest. In order to compensate for these known biases, the sample data are weighted in some analysis. The demographic weighting parameters were derived from a special analysis of the most recently available Census Bureau's Current Population Survey (March, 1999).

they had Internet access were asked a battery of questions about what they had ever done online. If they said they had logged onto the Internet the previous day, they were asked questions about what they did during those online sessions "yesterday," where yesterday includes both week days and weekends. Some 3,506 had been online "yesterday" and their responses allow us to examine a "typical day" on the Internet. Of those respondents, 2,535 were asked about their behavior on weekdays and 971 were asked about their behavior on weekend days. This approach measures day-to-day online life more accurately than conventional surveys because it focuses on activities that are fresh in respondents' minds and because it has examined behavior on various days over an extended period. Although new kinds of web-based survey instruments can overcome some of these difficulties, telephone-based sampling remains the best way to reach Americans who do not have easy Internet access (Witte et al., 2000).

A Typical Day's Activities Online

Every day 55 percent of the American adults who have Internet access (55 percent of the sample of 6,413), around 52 million people, go online and pursue a wide range of activities. During this average day, 48 million Americans are using the Internet's prime communications feature - email. An equal number do something on the web, either seeking information or completing a transaction. The composition of the online population on this average day reflects the profile of those who are the heaviest users of the Internet - and in many cases that means those who have had Internet access for the longest time. This, in turns, raises the possibility that growing familiarity with the Internet increases the likelihood that a user will be a frequent user.

The daily US Internet population contains more men than women and relatively high levels of those from upper socioeconomic groups. It also contains a relatively high proportion of those who have the greatest amount of online experience. Some 57 percent of the men with Internet access are online during this typical day, compared to 52 percent of women with Internet access. About 56 percent of whites who have Internet access are online during a typical day, while only 36 percent of African-Americans and 49 percent of Hispanics with Internet access log on during this prototypical day. Of those with Internet access, 46 percent of those with a high school diploma or less are online during the typical day, compared to 62 percent of those

with college or graduate degrees. Similarly, 50 percent of those with Internet access living in households with less than \$30,000 are online during this typical day, while 61 percent of those with Internet access in households earning more than \$75,000 log on during this typical day. Finally, 68 percent of those who have been online for three or more years log on to the Internet during the typical day, compared to just 41 percent of those who got Internet access within the past six months.

The vast majority of those who are online during a typical day read and send email (see table 1.1). Many of these same people also do other things online and we have classified these activities in four broad groups: 29 percent of Internet users said they also did fun things (e.g. browse for fun, send instant messages, play games, get hobby information), a third said they also used the Internet as an information utility (e.g. to get news, financial information, product or travel information), about a fifth said they did important life activities online (e.g. get health information, do work- or school-related research, find leads about new jobs) and one-tenth said they made some kind of financial transaction (e.g. buy a product, buy or sell stocks and bonds, make a travel reservation).

Some clear differences among groups emerge in our activities-classification scheme for the full sample of 6,413. Young adults who use the Internet are more likely to do fun things like gaming and downloading music compared to older respondents. Of those who went online "yesterday," substantially more men than women used the Internet as an information utility. The most experienced online Americans are relatively heavy users of the Internet as an information utility and proportionally more of them do research for major life activities online than other groups.

Inside each of our broad categories, there are interesting things to note. The gender differences in the daily online world are not very dramatic in some major activities such as using email and browsing for fun (more men do this than women on a typical day), searching for health information (more women do this than men), buying products and making travel reservations (online men and women are doing this in roughly similar proportions). But a gap is evident in some other Internet activities. More online men than women are consuming news online: on a typical day 26 percent of men with Internet access are doing this, compared to 15 percent of online women. A comparable pattern applies to the act of seeking product information: 16 percent of online men are doing this on a typical day, compared to 9 percent

Table 1.1 Daily Internet activities

	Women	Men	White	Black	Asian	Hispanic/Latino	18-24	25-34	35-44	45-54	55-64	65 or older	Bachelors or more	20 k or less	20 k-40 k	40 k-75 k	75 k+
Gender	88	86	88	75	84	86	87	87	86	87	85	89	89	87	87	86	89
Race	11	14	13	15	16	15	15	14	12	10	9	8	11	15	16	14	11
Age group	14	21	17	16	17	19	18	18	19	18	10	15	19	14	17	17	21
	12	14	13	16	17	15	14	14	14	13	10	6	15	15	12	13	16
Education	3	4	4	4	4	2	2	3	4	3	3	5	4	3	3	4	5
Income	47	53	88	362	133	395	989	1,719	1,743	1,280	616	328	1,760	513	1,435	2,010	1,689
	3	4	4	4	7	5	4	4	4	3	3	5	4	3	3	4	5
March-August compiled, weighted	88	86	88	75	84	86	87	87	86	87	90	85	89	87	87	86	89
Women	11	14	13	15	16	15	15	14	12	10	9	8	11	15	16	14	11
Men	14	21	17	16	17	19	18	18	19	18	10	15	19	14	17	17	21
White	14	21	17	16	17	15	14	14	14	13	10	6	15	15	12	13	16
Black	15	16	16	16	17	17	15	14	14	13	10	6	15	15	12	13	16
Asian	16	21	17	16	17	19	18	18	19	18	10	6	15	15	12	13	16
Hispanic/Latino	15	19	17	16	17	15	14	14	14	13	10	6	15	15	12	13	16
18-24	20	15	15	16	16	15	14	14	14	13	10	6	15	15	12	13	16
25-34	14	14	14	16	16	15	14	14	14	13	10	6	15	15	12	13	16
35-44	12	12	12	12	12	12	12	12	12	12	12	12	12	12	12	12	12
45-54	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10
55-64	9	9	9	9	9	9	9	9	9	9	9	9	9	9	9	9	9
65 or older	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8
Bachelors or more	11	11	11	11	11	11	11	11	11	11	11	11	11	11	11	11	11
20 k or less	15	15	15	15	15	15	15	15	15	15	15	15	15	15	15	15	15
20 k-40 k	16	16	16	16	16	16	16	16	16	16	16	16	16	16	16	16	16
40 k-75 k	14	14	14	14	14	14	14	14	14	14	14	14	14	14	14	14	14
75 k+	11	11	11	11	11	11	11	11	11	11	11	11	11	11	11	11	11
Fun ^a	29	33	29	29	29	29	29	29	29	29	29	29	29	29	29	29	29
Information utility ^b	21	21	21	21	21	21	21	21	21	21	21	21	21	21	21	21	21
Online activity ^c %	12	12	12	12	12	12	12	12	12	12	12	12	12	12	12	12	12
Major life transactions ^d	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
Email and online %	3,197	3,583	5,954	362	133	395	989	1,719	1,743	1,280	616	328	1,760	513	1,435	2,010	1,689
47	53	88	362	133	395	989	1,719	1,743	1,280	616	328	1,760	513	1,435	2,010	1,689	25

	Home	Work	This year	Between 1 and 3 years	More than 3 years ago	At least an hour	Between 1 and 3 hours	More than 3 hours	N	%
Place of connection ^a	88	90	82	88	90	85	89	94	5,914	87
When came online	14	12	13	13	13	10	17	21	1,987	29
	18	21	14	17	21	14	21	27	2,257	33
	12	20	9	13	17	10	16	22	1,406	21
	4	4	3	4	5	3	5	7	621	9
	5,185	2,725	1,902	2,229	2,641	4,150	1,436	1,140	6,780	100
	76	40	28	33	29	62	21	17		
Duration of use										
	88	90	82	88	90	85	89	94	5,914	87
	14	12	13	13	13	10	17	21	1,987	29
	18	21	14	17	21	14	21	27	2,257	33
	12	20	9	13	17	10	16	22	1,406	21
	4	4	3	4	5	3	5	7	621	9
	5,185	2,725	1,902	2,229	2,641	4,150	1,436	1,140	6,780	100
	76	40	28	33	29	62	21	17		

^a Online activities and home/work access were not exclusive categories, so these row and column totals will not sum to 100% like the other variables.
^b "Fun" activities are checking sports information, sending/receiving instant messages, seeking information about hobbies, browsing for fun, playing a game, watching video clips, listening to audio clips, listening to music or downloading it, and participating in chat rooms.
^c "Information utility" activities are getting news, news specifically about politics, financial information, product information, travel information, religious and spiritual information, information from a government website, and checking the weather.
^d "Major life activities" are seeking information about healthcare, jobs, housing, doing job-related research, and research for school or job training.
^e "Transactions" activities are buying products, making travel reservations, doing online banking, participating in an online auction, trading stocks/bonds/mutual fund shares, gambling.

of online women. When it comes to seeking financial information such as stock quotes or mortgage interest rates, 18 percent of online men are doing this on a typical day, compared to 8 percent of online women. Men with Internet access use the Internet for work related research more than women; 18 percent of men with access do this on a typical day, compared to 12 percent of women. Similarly, many of those who seek hobby information on a typical day are men: 21 percent of men with Internet access are doing this during the average day, compared to 14 percent of online women.

We have noted that African-Americans with Internet access are proportionally much less likely than whites with Internet access to log on during the typical day. This relationship also applies to the most common Internet activities. For instance, on a typical day, 49 percent of whites with Internet access are sending and reading email, while only 27 percent of African-Americans with Internet access are working with email. In addition, 21 percent of online whites are getting news on that average day, compared to 12 percent of online African-Americans. Some 20 percent of online whites are browsing for fun on an average day, compared to 14 percent of online African-Americans. A final example: 13 percent of online whites are getting product information, compared to 8 percent of online African-Americans.

A Predictive Model of Who Does What

We found some striking variance in the use of the web when we asked respondents what they have *ever done* online. Table 1.2 presents the results of a logistic regression for 29 dependent variables measuring different Internet activities, and modeled with the independent variables age, gender, race, educational background, and income. The logistic regression reveals the comparative effect of different demographic factors in predicting whether a user actually did that particular activity. Although it is common to report the coefficients from the logistic regression of independent variables onto a dependent variables, the exponentiated coefficients are the more intuitive "odds ratios." The odds ratio is the probability that one variable, controlling for all the other factors in a model, will correctly predict a person's response to a question. For example, all other things being equal, the odds that an Internet-using woman has ever sent or read email are 25.6 percent greater ($(1.256-1) \times 100$) than the odds that a man would

have used email. Furthermore, the odds that someone with a bachelors degree or more would have ever used email are 92.2 percent greater than those of someone without such a degree.

Table 1.2 helps predict the probability that an individual has done a particular Internet activity. For example, the odds that an Internet-using woman, 25 years old, with a bachelors degree, who self-identifies as Anglo-American and not Hispanic, has used email are 506 to 1. In contrast, the odds that an Internet-using woman, 25 years old, with a bachelors degree who self-identifies as African-American and not Hispanic, has used email are 319 to 1.³ This model shows that gender accounts for some of the differences in the ways people use the Internet. Female Internet users are more likely than male users to have ever used email. At the same time, online women are less likely than online men to have accessed 15 kinds of web activities. When it comes to checking for news or sports scores, watching or downloading a video or audio clip, or doing most financial transactions, online men are much more likely to have logged on to enjoy those activities than women. However, women are twice as likely as men to look for health information online. Interestingly, women seem to be most taken by researching travel plans and playing games.

Age is significantly associated with the performance of some Internet activities. Younger online Americans are more likely to use the web for fun, to gather most kinds of information, and to perform financial transactions online.

There are large, significant differences in the daily activities of people with different racial backgrounds. Compared to white respondents, Asian-Americans are less likely to research hobbies online and more likely to research politics and travel plans. Asian-Americans are also more likely to have bought or sold stocks, bonds or mutual fund shares online, and to have made travel plans. Although there are few statistically significant odds ratios for African-American respondents, they are much less likely than others to have used email. Online African-Americans are most likely to have done fun things on the web like checking the sports scores and playing games. Interestingly, they are 31 percent as likely as whites, controlling for other variables, to

3 In the first example, the odds = $8.373 \times 1.002(\text{Age}) \times 1.256(\text{Female}) \times 1.922(\text{BA}) \times 0.652(\text{Hispanic}) \times 0.868(\text{Asian}) \times 0.631(\text{Black}) \times 0.786(\text{Other})$, and since $e^0 = 1$, the odds = $8.373 \times 1.002(25) \times 1.256(1) \times 1.922(1) \times 1 \times 1 \times 1 \times 1 = 506.33$. In the second example the only difference is that the case self-identifies as African-American, so the odds = $8.373 \times 1.002(25) \times 1.256(1) \times 1.922(1) \times 1 \times 1 \times 0.631(1) \times 1 = 319.49$.

Table 1.2 Logistic regression results: odds (e^b) of doing particular Internet activities, modeled with age, gender, education, and race

	Learn about movies, books, or music	Watched a video clip or listened to audio clip	Took part in a chat room	Listened to or downloaded music	March–August compiled, unweighted, Unweighted N %						
Baseline odds (Constant)	0.704 ^a	1.038	2.409 ^a	4.370 ^a	0.477 ^a	0.606 ^a	0.721 ^a	1.188	0.605 ^a	6.270	100
Age	0.988 ^a	0.983 ^a	0.989 ^a	0.980 ^a	0.965 ^a	0.977 ^a	0.965 ^a	0.977 ^a	0.977 ^a	6.270	100
Female	0.340 ^a	0.981	0.789 ^a	0.924	1.170 ^b	1.059	0.747 ^a	0.777 ^a	0.779 ^a	3.162	50
BA or more	1.124	0.747 ^a	0.991	0.614 ^a	0.566 ^a	1.054	1.072	0.577 ^a	0.772 ^a	2.579	41
Hispanic or Latino	1.096	1.067	0.862	1.215	1.105	1.291	0.943	0.877	1.057	395	
Latino Race (white as reference)	1.013	1.135	0.688 ^b	0.914	0.769	0.961	1.174	1.442 ^a	1.044	154	
Asian	1.347 ^a	1.051	0.739 ^a	1.476 ^a	1.499 ^a	1.122	1.174	1.442 ^a	1.044	586	
Black	1.068	1.161	0.942	1.081	0.214	1.094	1.067	1.539 ^a	1.241	314	
Other	1.068	1.161	0.942	1.081	0.214	1.094	1.067	1.539 ^a	1.241	314	

	Information utility	Looked for info. about a product	Sought news about politics	Sought religious info.	Sought info. from government website			
Baseline odds (Constant)	8.373 ^a	0.647 ^a	1.654 ^a	1.878 ^a	3.048 ^a	0.484 ^a	0.055 ^a	0.622 ^a
Age	1.002	1.007 ^a	1.002	0.999	0.994 ^a	0.987 ^a	1.000	0.997
Female	1.256 ^a	0.533 ^a	0.924	0.673 ^a	1.118 ^b	0.657 ^a	0.747 ^a	1.165
BA or more	1.922 ^a	1.866	1.097	1.445 ^a	1.685 ^a	1.231 ^a	1.537 ^a	0.963
Hispanic or Latino	0.652 ^a	0.787 ^a	0.922 ^b	1.036	0.942	0.895	1.085	0.935
Race (white as reference)	0.868	1.152	0.671 ^b	1.311	1.641 ^b	0.889	1.758 ^a	0.784
Asian	0.631 ^a	0.959	0.780 ^a	1.127	0.984	0.854	1.079	1.685 ^a
Black	0.786	0.971	1.057	1.064	0.769 ^a	0.820	1.388 ^a	1.346
Other	0.786	0.971	1.057	1.064	0.769 ^a	0.820	1.388 ^a	1.346

Email

Fun

have looked for job information online and 68 percent more likely to look for religious or spiritual content online.

The relationship between education and conduct online is straightforward. The more education a person has the greater the odds that he will be interested in using the Internet for particular activities. On the whole, people with at least a bachelors degree are more likely to have used email and to have been in search of information. A person's level of education strongly predicts the probability that he or she will use the Internet for financial, political, or government information. More-educated people also seem more confident about performing online banking and carrying out other financial transactions online.

A User Typology

A typology can be built around respondents' answers to two questions: how long have you had Internet access? And, how frequently do you log on from home? We tested several other variables - demographic traits and responses to other questions about use of the Internet - and found that responses to questions about experience levels and frequency of home use yield the most robust typology.

One major advantage of focusing on these questions is that they give insights into users' willingness to be innovative, which appears to be more important than demographic characteristics in predicting how people use and feel about the Internet. As characterized by Everett Rogers, "innovativeness [is] the degree to which an individual or other unit of adoption is relatively earlier in adopting new ideas than other members of a social system" (Rogers, 1995, p. 261). By focusing on the moment in time that people began using the Internet, we get a measure of their position relative to others in the social system. Furthermore, their interest in using the Internet from their homes gives a measure of the degree to which they have embraced Internet tools above and beyond the interest they would be compelled to have if they have access to the Internet at work. Those who arranged for Internet access at home have made a decision to seek information and indulge in leisure activities beyond the things that would be necessary at the workplace. Home access and frequent home use are measures, then, of "overt behavioral change" that is the hallmark of people's willingness to be innovative (Rogers, 1995, p. 252). As is the case with Rogers's adopter categories (innovator, early adopter, early majority, late majority, laggard) our typology is intended to produce

Table 1.2 Continued

Major life activities	Baseline odds (Constant)	Age	Female	BA or more	Hispanic or Latino Race	(white as reference)	Asian	Black	Other
Looked for place to live	0.164 ^a	0.975 ^a	1.063	1.350 ^a	1.115	1.192	1.237	1.237	0.732
Info. about a job	0.971 ^a	1.006 ^a	1.166	1.198 ^a	1.055	1.111	1.316 ^a	1.316 ^a	1.048
Sought health work or got training	0.629 ^a	0.991 ^a	2.039 ^a	1.294 ^a	0.855	0.768	0.955	1.019	1.060
Did research for school	1.197 ^a	0.972 ^a	1.070	1.319 ^a	0.979	1.069	1.099	1.099	1.026
Bank in online	0.127 ^a	0.988 ^a	0.853	1.729 ^a	1.061	1.393	1.132	1.132	1.405
Participated in auction	0.316 ^a	0.987 ^a	0.575 ^a	1.103	0.577 ^a	0.865	0.402 ^a	0.402 ^a	0.946
Bought a product	1.211 ^a	0.990 ^a	0.891 ^a	1.721 ^a	0.835	1.134	0.592 ^a	0.592 ^a	0.822
Bought/sold stocks, bonds, mutual fund shares	0.112 ^a	0.998	0.482 ^a	2.047 ^a	0.644 ^a	2.435 ^a	0.911	0.911	0.992
Made travel reservation	0.444 ^a	0.994 ^a	0.864 ^a	1.888 ^a	0.963	1.367	0.970	0.970	0.986
Gambled online	0.027 ^a	1.002	0.889	0.614 ^a	0.974	0.940	0.804	0.804	1.130

In most models the amount of explained variation is less than 10 percent, though the models still make statistically significant improvements to the predictive power of base line odds alone.

^a Significant at 0.01.

^b Significant at 0.05.

"ideal types based on abstractions from empirical investigations" (Rogers, 1995, p. 263).

Four broad categories of Internet users can be identified based on the length of their Internet experience and the frequency with which they say they log on from home. We have labeled them this way:

Netizens comprise 16 percent of the adult Internet population and 8 percent of the adult US population, as of September, 2000. They started going online more than three years ago and go online from home every day. They have incorporated the Internet into their work lives and home lives; are relatively comfortable spending money online; use the Internet to help manage their personal finances; use email to enhance their social relationships; and are the most avid participants on most web activities on an average day.

Utilitarians comprise about 28 percent of the adult Internet population and 14 percent of the US adult population. They started going online more than three years ago or got access two or three years ago but also log on from home every day. Compared to netizens, members of this group are less intense in their use of the Internet, express less appreciation for what the Internet contributes to their lives, are less likely to spend and manage their money online, and are less active in accessing the web's content. At the same time, they exploit the Internet for many tasks in their lives and have a quite functional approach to web use. The Internet is a tool for them, although, as a group, they tend to see it as less useful and entertaining than netizens do.

There are slightly fewer *experimenters* than *utilitarians*. Experimenters comprise 26 percent of the adult Internet population and 13 percent of the US adult population. They started going online two to three years ago or started about a year ago and go online from home every day. Relatively speaking, they have ventured beyond the fun activities that Internet novices enjoy and are interested in using the Internet as an information retrieval utility.

The fourth user type is *newcomers*. They comprise 30 percent of the adult Internet population and 15 percent of the US adult population. They started going online about a year ago or more recently than that. This group shows many of the characteristics of apprentices. They are learning their way around. But even without a great deal of experience, they enjoy many of the fun aspects of the Internet at levels similar to the overall average of the Internet population. That would include playing games, browsing for fun, participating in chat rooms, getting information about hobbies, and listening to and downloading

Table 1.3 Demographic attributes of Internet users

	March-June compiled, weighted	Newcomers	User type (%)		
			Experimenters	Utilitarians	Netizens
Gender	Men	44	46	54	62
	Women	56	54	46	38
Race	White	82	86	86	88
	Black	12	8	7	4
	Hispanic	8	7	5	5
Age cohort	18-24	15	17	18	19
	25-9	11	13	12	14
	30-9	28	27	25	24
	40-9	23	22	21	21
	50-64	17	15	18	16
	65+	5	3	5	5
Education	High school diploma or less	45	31	25	18
	Some college	30	32	30	33
	Bachelor's degree +	24	37	45	49
Income	Under \$30,000	27	22	20	17
	\$30 k-\$50 k	32	29	25	22
	\$50 k-\$75 k	22	23	22	22
	\$75,000+	18	26	32	38
Parental status	Parent of child under 18	46	45	38	36
	Not a parent	54	55	62	64
Access	Home only	36	26	25	14
	Work only	43	35	22	—
	Both home/work	15	22	36	28
Weighted N		3,028	2,644	2,909	1,671
%		30	26	28	16

music. More than other groups, newcomers are likely to have access in only one place - either at work or at home (table 1.3).

The most innovative and aggressive users of the Internet are netizens. The composition of this group is heavily weighted towards men, the well educated, the relatively well to do, and whites. Though netizens comprise 16 percent of the overall Internet population in America, they make up a far greater proportion of daily users of the Internet (table 1.4). On a typical day, netizens make up 25 percent of the traffic online. Their role in daily traffic swells even more on weekend days, when they become 29 percent of users. They are also 39 percent of those who spend more than two hours online on a typical day.

The differences in Internet use between netizens and other US Internet users are pronounced on that typical day. Netizens are 45 percent of those buying or selling stocks, bonds, and mutual fund shares; 44 percent of those doing online banking; 40 percent of those participating in online auctions; 34 percent of those getting financial information such as stock prices or mortgage rates; 33 percent of those doing work or research for their jobs; 32 percent of those getting news; 32 percent of those getting information about products and services and 29 percent of those buying books, music, toys, or clothing; 32 percent of those doing school research or getting job training.

The degree to which the Internet has become integral to netizens' jobs is highlighted by the gap between them and other Internet users in their use of the web for research related to work. In addition, netizens are conspicuously more likely than other Internet users to do school work and get job training online. Beyond that, netizens are twice as likely as other Internet users to be taking advantage of the web as an information utility on a given day. Still, netizens enjoy the fun features of the Internet that newcomers and less-experienced users enjoy. A two-to-one gap between netizens and the rest of the Internet population generally holds up for most of the fun features of the Web.

Like netizens, utilitarians are also veteran Internet users. But they stand apart from netizens in their lesser involvement. They are mostly average in their embrace and use of the Internet. Behaviorally, they do many things at rates slightly above the norm among the entire Internet population, but nothing about them or their use of the Internet is exceptional. They tend to have a functional, task-oriented approach to their use of the Internet and are much less likely than netizens to use the Internet at home and for fun activities. They spend less time online than netizens and they log on less frequently. They are also less likely than netizens to have oriented their financial affairs around the Internet. If there is a pattern to experimenters' small areas of difference with average Internet users, it is that they have used the Internet more than average for practical and serious reasons.

Unlike netizens and utilitarians, experimenters are a group where women outnumber men. They have ventured beyond games and fun activities on the Internet. They use the web as an information utility and resource to consult on life-changing moves such as finding new housing or job opportunities. Utilitarians show slightly higher-than-average use of the web for certain activities, especially the most serious and consequential activities. In comparison,

experimenters show slightly below average use of the web on those kinds of activities.

Internet Newcomers differ markedly from the other, more experienced types. For one thing, women make up 56 percent of the group. Almost half of all the African-Americans with Internet access (43 percent) are newcomers; they comprise 12 percent of the newcomer class. More than two-thirds of newcomers (69 percent) live in households that earn less than \$50,000. Almost half (45 percent) ended their schooling with a high school or trade school diploma.

These newcomers are not nearly as intense in Internet usage as are more experienced users, but they are drawn to the Internet for fun activities, such as chat rooms and instant messaging. What separates newcomers dramatically from veteran users is their relative unwillingness to conduct financial or commercial transactions online. Use of the Internet is a home-based activity for newcomers; they are more likely to log on from home, and less likely to log on from work than more experienced types of users.

Newcomers have not integrated the Internet into their lives to the same extent as more experienced users. Although they constitute 30 percent of overall Internet population, Newcomers are only 19 percent of the Internet population on a typical day. The modest use of the Internet by newcomers is reflected in the fact that they are involved at about half the rate as the Internet population's average with almost every web activity we measure.

Rhythms of Internet Use

In most respects, the rhythms of Internet use follow familiar cadences in everyday life.⁴ There is heavier use of the Internet during a typical weekday, when on average 60 percent of Internet users log on, than during a weekend day, when on average 45 percent of Internet users go online. That makes sense because workplace use of computers and

4 The continuous tracking survey allows us to examine some of the basic patterns of use of the Internet during different blocks of time during the day, different days of the week, and different seasons of the year. The results presented here come from surveys taken during 122 consecutive nights (March 1-June 30), followed by a three-week break and then another 27 straight nights of polling from July 24 through August 20. The method of asking Internet users about the things they did "yesterday" permits for fresh recall on the part of respondents and for the collection of data about the time of day users logged on.

Table 1.5 Weekdays and weekends online

March-June compiled, weighted Activities "yesterday"	Average daily use by Americans with Internet access (%)		% change
	Weekday	Weekend day	
Go online	60	45	-25
Seek information from a government website	5	2	-60
Do work research	18	8	-56
Get financial information	16	8	-50
Listen to/download music	6	3	-50
Do research for school	13	8	-39
Watch a video clip	8	5	-38
Seek information about a product	14	9	-36
Look for medical information	6	4	-33
Look for information about a hobby	19	13	-32
Send or read email	53	37	-30
Check weather reports	18	13	-28
Get news online	22	16	-27
Browse for fun	20	15	-25
Check sports scores	9	9	0
Participate in an online auction	2	2	0
Buy a product online	4	4	0
Take part in "chat rooms"	3	3	0
Work access only	26	7	-73
Both home and work access	22	11	-48
Home access only	50	79	57
Weighted N	4,422	1,283	
%	78	22	

the Internet is relatively high during days of the week when most people are at their jobs. Even the most popular Internet activities are practiced less often during weekend days than on weekdays: Email use drops 30 percent during the weekend and the seeking of hobby information drops by 32 percent. On weekend days workplace use of the Internet plummets by 62 percent. It is not surprising, then, to see that participation in some of the most serious web activities also falls. On an average weekday, 18 percent of Internet users are doing work-related research, compared to 8 percent who are doing such research on a typical weekend day (table 1.5).

Our surveys have produced data that supports the idea that the boundary between work and home is blurring. There is evidence that

Table 1.6 Mixing home life and work life

March-June compiled, weighted	"Ever"	Activities (%) "Yesterday"
Internet users who have online access only at work who do these things on the web		
Seek information about product or service	63	6
Look for hobby information	59	6
Get information about travel	53	7
Browse the net for fun	48	11
Look for medical information	44	3
Get financial information	39	8
Check sports scores and information	36	5
Buy travel services	22	2
Listen to music or download it	26	2
Internet users who have online access only at home who do these things on the web		
Do research for school or training	51	8
Do work or research for their jobs	26	5
Weighted N	10,281	5,312
%	100	56

the changes between what is done at work and at home flow in both directions: People use the Internet to do non-work activities while on the job; and people use the Internet to do work-related activities at home. On a typical day, at least a tenth of Internet users who only have access to it on the job use the Internet to do something that is unrelated to work. More than two-thirds of Internet users with work-only access have acknowledged ever doing something extracurricular on the web while on the job. More than half of Internet users who only have access at home have done something related to work and a healthy number are doing "work" at home on a typical day (table 1.6).

Email Enhances the Social Worlds of Internet Users

As daily activity on the Internet grows, there has been considerable interest in the question of whether Internet use encourages social connectedness or social isolation. Respondents tell us that the Internet allows people to stay in touch with both family and friends and, in many cases, extend their social networks. A sizeable majority of those who email relatives say it increases the level of communication

between family members. Some 59 percent of those who use email to communicate with their families communicate more often now with their primary family contact, and 60 percent of those who email friends say the same thing about increased communication with their primary friend contact. About 31 percent of family emailers have started communicating with a family member that they had not contacted much before.

Still, the question remains: Does going online divert users from social interactions? These survey results suggest online tools are more likely to extend social contact, rather than detract from it. American Internet users as a group are more socially active than non-users and that might be explained in part because these Internet users are disproportionately from higher socio-economic groups. However, we have found that Internet use is positively associated with social activity. Table 1.7 identifies the odds ratios for predicting someone's response to questions about social networks. For example, the odds that a 25-year old, Anglo-American male without a BA who has never gone online feels that they can turn to many people for support are almost 18 to 1. If this person had ever gone online, the odds would improve to 22 to 1. In another hypothetical case, the odds that a 25-year old, African-American male without a BA who does not go online feels they can turn to many people for support are only 8 to 1. If this person had ever gone online, the odds improve 24 percent to 10 to 1. Thus, controlling for other important variables, those who have ever gone online are 24 percent more likely than those who have never gone online to say they can turn to many people for support. In parallel, those who have ever gone online are 40 percent less likely than those who have never gone online to say they can turn to hardly anybody for support. Moreover, with other variables held constant, people who have ever gone online are 46 percent more likely to have called a friend or relative just to talk on the previous day. This contradicts the assertion by some that the Internet detracts from other forms of socialization (Nie and Erbring, 2000), while supporting the claims of others that the Internet may increase socialization (Wellman and Hampton, 1999).

Many users feel that using Internet tools has improved the way they do their hobbies, manage finances, get information about healthcare, shop, and generally learn about new things. More experienced users are much more likely than new users to be excited about using the Internet for personal hobbies, health or finances because some of that excitement also drives people to explore ever-more Internet resources.

Table 1.7(a) Logistic regression results: odds (e^b) of particular responses to questions about social and personal life, modeled with age, gender, education, Internet use, and race

	Thinking about your personal life, when you need help would you say you can turn to...	... just a few people for support?	... hardly any people for support?	... visit a friend or family member just to talk?	... call a friend or relative just to talk?	... read a newspaper?	... watch TV news?	... watch on hour or more TV?	March 2000 Iteration N	%
Baseline odds (constant)	0.721 ^a	0.994 ^a	1.005	0.990 ^a	0.303 ^a	0.150 ^a	0.100 ^a	1.145	3,445	100
Age	0.994 ^a	0.999	1.005	0.990 ^a	0.968 ^a	1.032 ^a	1.025 ^a	1.005	3,445	100
Female	1.695 ^a	0.794 ^a	0.691 ^a	2.511 ^a	1.357 ^a	0.734 ^a	1.034	0.947	1,829	53
BA or more	1.168	1.101	0.515 ^a	0.976	0.960	1.559 ^a	1.013	0.680 ^a	915	27
Ever online	1.243 ^b	1.062	0.593 ^a	1.031	1.458 ^a	1.391 ^a	0.860	0.872	1,647	48
Online yesterday	1.112	0.904	0.977	1.125	0.813	1.255 ^a	1.218	0.928	985	29
Race (white as reference)										
Asian	0.327 ^a	2.438 ^a	1.243	0.583 ^a	0.351 ^a	0.659	1.070	0.537	70	2
Black	0.450 ^a	1.338 ^a	2.257 ^a	1.403 ^a	0.502 ^a	0.619 ^a	1.282 ^b	0.939	417	12
Other	0.890	0.798	1.625 ^a	0.853	0.835	0.610 ^a	1.052	1.153	185	5

The magnitude of the effect is surprising - experienced users are two, three, or four times more confident than new users to declare that their online access has improved different aspects of their personal lives.

Conclusion

Many Americans are incorporating Internet tools into their daily lives, and this is reflected in the kinds of activities they pursue online. Many Americans report substantial benefits from being connected. Well over half of all Internet users say the Internet has improved their connection to the family and friends. Three-quarters of them say Internet use has improved their ability to learn about new things. Half say the Internet improves the way they pursue their hobbies; 37 percent say it improves the way they do their jobs; 35 percent say the Internet has improved the way they get information about healthcare; 34 percent say the Internet improves their ability to shop; and 26 percent say it has improved the way they manage their personal finances.

There are a variety of demographic factors that affect people's use of the Internet, including gender, age, education, income, race, and ethnicity. But the most useful predictors of the activities that users enjoy online are their length of experience with the Internet and their frequency of logging on from home. We constructed a typology using these two variables that establishes four categories of Internet users in America: netizens are the heaviest and most enthusiastic Internet users; utilitarians have a more functional approach to the Internet use; experimenters have ventured into various information spheres online; and newcomers are beginning to enjoy the fun features of the Web.

As the Internet becomes a common communication tool, familiar patterns of social interaction appear online. Americans' use of the Internet tracks with the rhythms of their lives at work and at home.

Although results from our surveys have yielded interesting data about people's activities online, more research should be done into the different degrees of effect for people who occasionally log on and those who go online daily. Another important research question is whether today's newcomers will "grow up" after they become comfortable and familiar with the web to behave like today's "netizens" or whether they will chart a different course online because today's novices are so demographically different from Internet veterans.

Table 1.7(b) Logistic regression results: odds (e^b) of particular responses to questions about how the Internet has improved social and personal life, modeled with age, gender, education, and connectedness

Has the Internet affected your personal life by	Baseline odds (Constant)	Age	Female	BA or more	Connectedness (new user as reference)	Average	Heavy	Daily and experienced
... the way you get information you need	0.974	0.992 ^a	1.545 ^a	1.066	1.472 ^a	2.602 ^a	5.164 ^a	
... the way you manage your personal finances	0.626 ^a	0.994 ^a	1.815 ^a	1.057	1.288 ^a	2.046 ^a	3.285 ^a	
... the way you learn about new things	3.853 ^a	0.998 ^a	0.981	1.030	1.692 ^a	2.370 ^a	4.042 ^a	
... the way you learn about hobbies	0.252 ^a	0.997	0.764 ^b	1.412 ^a	1.155	1.892 ^a	3.599 ^a	
... the way you get information you need about healthcare?	0.365 ^a	0.999	1.590 ^a	1.075	1.012	1.327 ^a	1.828 ^a	
... your ability to shop?	0.581 ^a	0.986 ^a	0.849	1.200	1.260	1.842	3.245 ^a	
March-August 2000, completed	1,932	1,932	947	787	463	573	322	
N Unweighted %	100	100	49	41	24	30	17	

In most models the amount of explained variation is less than 10 percent, though the models still make statistically significant improvements to the predictive power of base line odds alone.
^a Significant at 0.01.
^b Significant at 0.05.

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